



XIX WORLD ROGAINING CHAMPIONSHIP 2025 (WRC2025)

QUINTANAR DE LA SIERRA-BURGOS (SPAIN)
5-6TH JULY



Diputación
de Burgos



MANCOMUNIDAD "ALTA SIERRA DE PINARES"



19th
World Rogaining
Championship
5-6 July, Spain
Quintanar de la Sierra
Burgos

1. SUSTAINABLE MOBILITY

In order to promote sustainable mobility, all runners who travel by car are encouraged to share their vehicles with other runners.

2. WASTE MANAGEMENT AND REDUCTION

COMMITMENTS OF THE ORGANISATION

There will be several waste management and recycling stations in the Competition Centre, car parks and camping areas. They will be properly signposted, both in Spanish and English, indicating the type of waste to be placed in each container.

Environmental volunteers, suitably identified, will be available to:

1. They will inform athletes how to separate waste and which colours identify each of the waste fractions.

- Yellow: packaging
- Blue: paper
- Grey: other waste

2. They will ensure the correct recycling of the waste generated, especially in the surroundings of the refreshment posts (Hash House and Half House), so that it is deposited in the appropriate container.

3. The organisation of WRC2025 aims for 'Zero Waste' at refreshment posts: Biodegradable food containers and utensils (plates, cutlery, etc.) will be used to avoid the generation of plastic waste.

RULES FOR RUNNERS

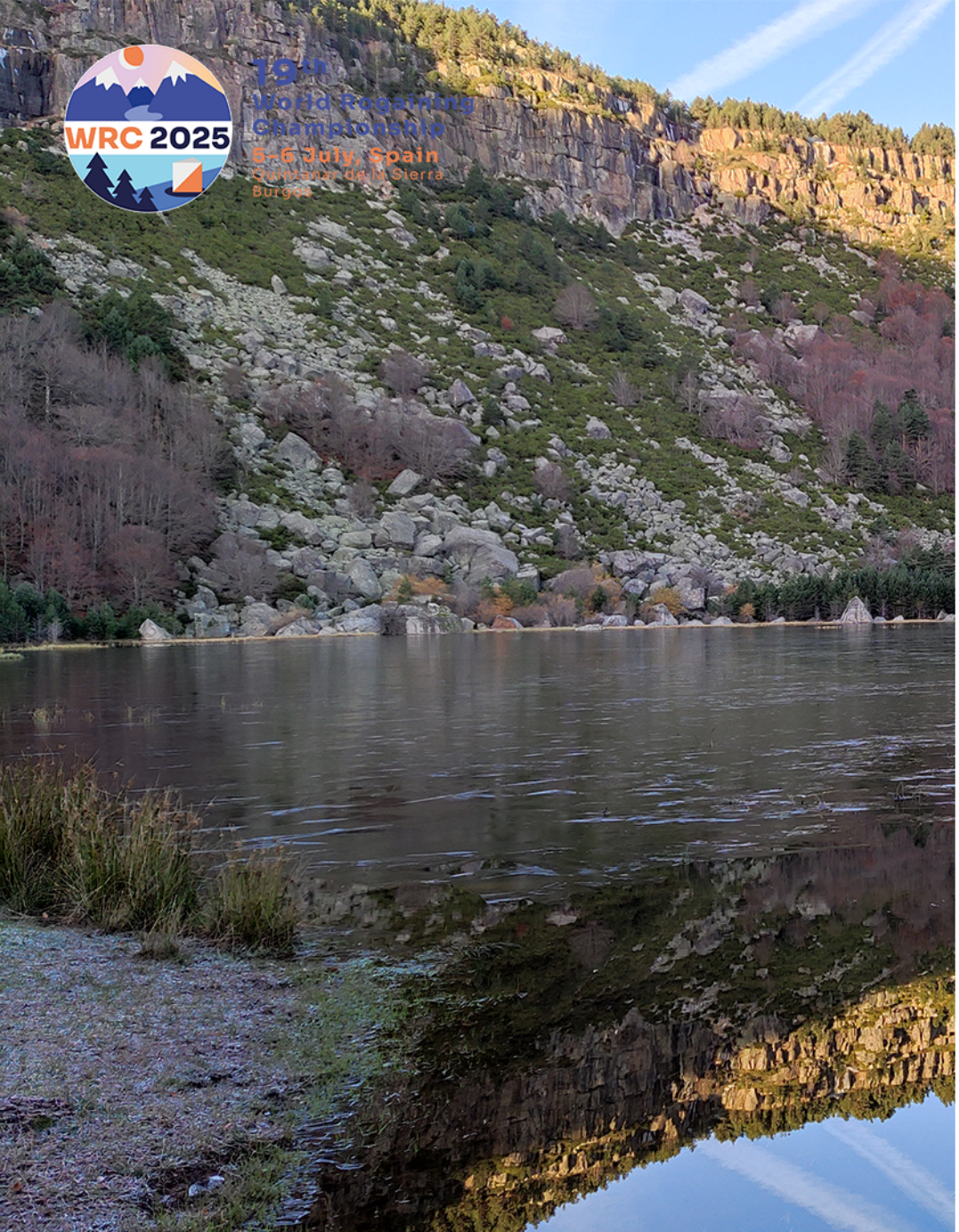
It is strictly forbidden to throw waste outside the designated areas, or not to do so in the appropriate manner, separating waste.

During the race, food, rubbish, mats or any other item carried by the runner may NOT be abandoned, except in the designated areas (Hash House and Half House).

Participants are invited to reduce or eliminate the food they carry for self-avoidance those who use plastic wrapping; as well as single-use containers for the transport of drinks



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3. RESPONSIBLE CONSUMPTION

As far as possible, the refreshments will offer local and seasonal products for the participants and the event staff. The products will be purchased in local shops, encouraging consumption in local businesses, so as to minimise the ecological footprint of food transport, and the environment of the event will benefit economically from its celebration.

4. BIODIVERSITY CONSERVATION

In addition to the mandatory regulations and recommendations issued by environmental protection agencies, the WRC2025 organisers have adopted the following measures in the interests of biodiversity conservation:

- The location of the checkpoints has been made taking into account environmental criteria.
- In the most environmentally sensitive areas to be impacted by the transit of corridors (wetlands, areas at risk of erosion, sensitive elements such as endangered flora, etc.), the location of checkpoints has been avoided.

5. WATER MANAGEMENT

The availability of drinking water for all runners will be ensured by means of water tanks or jerry cans, without individual bottles or containers being handed out, which on the one hand generate more waste and on the other hand waste more water.

During the course of the race, fountains and springs where it is possible to get water are identified on the map.

6. NOISE

Inside the Competition Centre and in the free camping areas it is forbidden to generate noise that may disturb the rest of the competitors, prepare their race strategy, etc.

During the competition, shouting must be avoided so as not to disturb wildlife or other users of the environment where the race is held.



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7. AWARENESS

All runners are requested to:

- Avoid running through sensitive areas, such as wetlands, waterlogged areas, temporary streams, rocks with walls, etc.
- Respect other users of the territory.
- Use the appropriate places to relieve themselves or, in any case, out of the water and away from points of passage or gathering of people or in rocky places.
- Do not dump or abandon objects or solid or liquid waste outside the designated places. Remove and transfer all the elements and waste produced in the Competition Centre or authorised place. Failure to do so will be penalised in the Rules of the Event.
- Do not disturb the tranquillity of the area or the domestic or wild fauna.

**THANK YOU VERY MUCH FOR
MAKING THE WORLD
CHAMPIONSHIP MORE
SUSTAINABLE.**



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